

FAQ Helmholtz NORWAY exchange

How is the exchange financed?

Doctoral and postdoctoral researchers with current employment contracts at one of the Helmholtz centers during the time of research stay will receive funding for accommodation, travel and material expenses (up to 2.000 EUR per month). You organize your research stay as a business trip. Please be in touch for administrative questions on how to do this with the responsible contacts at your center. Your travel expenses will usually be reimbursed by your home center through approval of a business trip. Please note that in general you must submit receipts, so keep them safe. HIDA will then reimburse your Helmholtz Center after the exchange.

I am currently working with a fellowship at one of the Helmholtz Centers or I am a Helmholtz-associated doctoral researcher - can I also apply?

We would recommend getting in touch with the contact person at your center to find out whether funding for travel and material expenses might be possible - however this varies between centers.

I have no association with one of the Helmholtz Centers - can I also apply?

Currently, this program is only open for researchers working at or are affiliated with one of the Helmholtz Centers. However, we strongly encourage you to keep an eye on our [website](#) regarding our other courses and exchange programs.

What happens after submission?

One of HIDA's steering board members or an expert from their teams will review your application. Your application will then be forwarded to your potential host, and they will inform the HIDA team about their decision.

My application was successful - what happens next?

You will first receive an email via our OpenCampus tool about your successful application. Then the HIDA team will introduce you to your future host. Afterwards, HIDA informs the representative for this program at your center about your successful application, so they can start planning your research stay with you.

What happens if I can't travel, e.g. because of the pandemic?

Trips scheduled for summer 2022 can be postponed until December 2023 if necessary (i.e. for pandemic reasons). Please be in touch with the HIDA team and your center representative if your stay is delayed.

What happens after my exchange?

At the end of your research stay, applicants are asked to provide HIDA with a report of their activity at the host center. You will be notified to submit a report by email. The final report should be submitted to the HIDA Office within 3 months of completing the research stay. Upon receipt of the final report, the HIDA Office will send you a certificate of participation in the exchange. Detailed information about the report will follow by email.

Can I apply several times?

Yes, you can apply several times in different years.