

# FAQ Helmholtz NORWAY exchange

## **How is the exchange financed?**

Doctoral and postdoctoral researchers with current employment contracts at one of the Helmholtz centers during the time of research stay will receive funding for accommodation, travel and material expenses (up to 2.000 EUR per month). You organize your research stay as a business trip. Please be in touch for administrative questions on how to do this with the responsible contacts at your center. Your travel expenses will usually be reimbursed by your home center through approval of a business trip. Please note that in general you must submit receipts, so keep them safe. HIDA will then reimburse your Helmholtz Center after the exchange.

## **I am currently working with a fellowship at one of the Helmholtz Centers or I am a Helmholtz-associated doctoral researcher - can I also apply?**

We would recommend getting in touch with the contact person at your center to find out whether funding for travel and material expenses might be possible - however this varies between centers.

## **I have no association with one of the Helmholtz Centers - can I also apply?**

Currently, this program is only open for researchers working at or are affiliated with one of the Helmholtz Centers. However, we strongly encourage you to keep an eye on our [website](#) regarding our other courses and exchange programs.

## **What happens after submission?**

Your applications will be checked by the HIDA office for completeness and admissibility. The final selection of participants will then be made by a selection committee on the basis of the application documents submitted. Please note that the consent of the host is crucial for the consideration of your application. We will inform you of the decision by e-mail.

## **My application was successful - what happens next?**

We will let the NORA team know about your successful application. They will connect you with your future host so the two of you can start planning your research stay. Please also get in contact with the representative for this program at your center to organize your research stay as a business trip (s. point: *"How is the exchange financed?"*)

## **What happens if I can't travel ?**

Please be in touch with the HIDA team and your center representative if your stay is delayed.

**What happens after my exchange?**

At the end of your research stay, applicants are asked to provide HIDA with a report of their activity at the host center. The final report should be submitted to the HIDA Office within 3 months of completing the research stay. Upon receipt of the final report, the HIDA Office will send you a certificate of participation in the exchange. Detailed information about the report will follow by email.

**Can I apply several times?**

Yes, you can apply several times in different years.